Stage Four Review

**Review and know the following:**

1. Familiar with the disease or symptom of the following disorders in TCM terms: Fan, Zao, Shi Mian, Xin Ji, Xiong Bi, Zi Han, Dao Han, Yao Tong, Yi Jing, Gao Xue Ya, Fei Jie He, Fei Qi Zhong, Fei Pang, Xin Ji, Zheng Zhong, Tai Lou, Xiao Yao, Xiao Ke, Ke Sou, Qi Chuan, etc…

2. The differences of Xin Xue Xu or Xin Yin Xu will present on the ___________________

3. TX for Gao Xue Ya, with throbbing vertex and temporal headache

4. Actions, indications, & ingredients for these formula:
   - Zhi Gan Cao Tang,
   - Zhen Wu Tang,
   - Long Dan Xie Gan Tang,
   - Tian Ma Gou Teng Yin
   - Xue Fu Zhu Yu Tang
   - Gua Lou Xie Bai Bai Jiu Tang
   - Huo Xiang Zheng qi San
   - Zuo Gui Yin
   - Dan Shen Yin
   - Shen Fu Tang
   - Huang Lian Jie Du Tang
   - Yu Nu Jian
   - Cang Er Zi San
   - Ding Zhu Wan
   - Yu Ping Feng San
   - Zhen Zhong Dan

5. Action and indications for these extra points:
   - An Mian
   - Yi Shu
   - Lan Wei
   - Zhi Xie
   - Bai Chong Wo
   - Er Bai
   - Si Bai
   - Tai Bai
   - Yang Bai
6. Signs and symptoms, patterns, herbal and acupuncture TX for the following: Duo Mei (somnolence), Jiao Lu (anxiety), Zi Han (spontaneous sweating), Dao Han (night sweat), Jian Wang (amnestic syndrome), Kou Chou (Halitosis), Kou Chuang (Mouth ulcer), Ya Xuan (gingivitis), Fei Qi Zhong (emphysema), etc…

7. Actions, indications, & ingredients for these formula:
   Shou Tai Wan
   Suo Quan wan
   Wu Ling San
   Yu Quan Wan
   San Jin Tang
   You Gui Wan
   Jin Kui Shen Qi Wan
   Jin Suo Gu Jing Wan
   Shui Lu Er Xian Dan
   Long Dan Xie Gan Tang

8. All Lin syndromes such as: Re Lin, Xue Lin, Gao Lin, Shi Lin, Lao Lin, Long Bi, etc…

9. Signs and symptoms, patterns, herbal and acupuncture TX for the following: Jue Zheng, gurgling in the throat, clenching of the teeth, Yi Jing (seminal emission), Huang Dan (Jaundice), Channel and Organ stroke, facial paralysis, Dysphasia, Hemiplegia, Bian Mi, Dysmenorrhea, Po Shang Feng (wind toxin tetany, muscular tetany), Dian Xian (epilepsy), Zhi Chuang (hemorrhoid), morning sickness, miscarriage, eclampsia, Chan Hou You Yu Zheng, Tai Wei Bu Zheng, lochia, E Lu Bu Jue, Zi Xian, Yin Ting, Ru Shao, mammary abscess, Diabetes Mellitus, Hashimoto Disease, hypothyroidism, goiter, hyperthyroidism, Parkinson’s disease, etc…

10. Actions, indications, & ingredients for these formula:
   Ba Zheng San
   Ba Zhen Tang
   Qian Zheng San
   Bao Zhen Tang
   Bu Yang Huan Wu Tang
   Yu Zhen San
   An Shen Ding Zhi Wan
   Huai Jiao Wan
   Gui Pi Tang
   Bu Zhong Yi Qi Tang
   Huai Hua San
   Bao He Wan
   Ling Jiao Gou Teng Tang
   San Jia Fu Mai Tang
   Bai Zhu San
   Zhen Wu Tang
   Bao Chan Wu You Tang
   Bao Ji Wan
   Sheng Hua Tang
   Shi Xiao San
Bu Gan Tang
Ding Xin Wan
Qing Fei San
Shen Ling Bai Zhu San
Ling Gui Zhu Gan Tang
Jia Kang Zhong Fang
Du Huo Ji Sheng Tang
You Gui Wan
Xian Fang Huo Ming Yin

11. Classics books in Chinese Medicine: Li Qi (pestilence Qi), Shu Wen, etc…

12. Characteristics of Zao Re, Shi Wen, Jing Jue

13. Exterior-resolving methods, lingering in the Qi, Open and extending membrane, diffuse Qi and transform dampness,

14. San Ren Tang (three kernels decoction), main herbs for Upper Jiao, Middle Jiao and Lower Jiao

15. Cheng Qi Tang, Lung heat surfacing as papules

16. Actions, indications, & ingredients for these formula:
   An Gong Niu Huang Wan,
   Zi Xue Dan,
   Zhi Bao Dan,
   Ma Huang Tang,
   Ma Xing Shi Gan Tang,
   Ma Zi Ren Wan,
   Da Cheng Qi Tang,
   Ge Gen Huang Qin Huang Lian Tang,
   Qing Ying Tang,
   Zeng Ye Cheng Qi Tang
   Xin Jia Huang Long Tang
   Lian Mei Tang
   Shen Xi Dan
   Bai Hu Jia Cang Zhu Tang
   San Jin Tang
   San Cai Feng Sui Dan
   San Shi Tang
   San Zi Yang Qin Tang
   Yin Qiao San
   Hao Qin Qing Dan Tang
   Zhi Shi Dao Zhi Tang
   Dao Chi Qing Xin Tang
   Dao Chi Cheng Qi Tang
   Sang Xing Tang
   Qing Yan Tang
   Yu Shi Qing Xin Liang Ge San
   Liang Ying Qing Qi Tang
17. Chun Wen (spring warmth), Re Jie Chang Fu, summer-heat-damp overflowing through San Jiao, Shi Wen (Damp warmth), internal and external pathogens combine,

18. Symptoms of initial stage of Qiu Zao, contraindicated in treatment of Qiu Zao

19. Symptoms are tinnitus, symptoms and patterns of Lan Hou Sha,

20. Tests for carpal tunnel syndrome, Medial epicondylitis AKA, test to evaluate the strength of the gluteus medius muscle.

21. Contractility of the muscle/tendon unit is regulated by what organ system in TCM

22. Active range of motion tests focus on,

23. drop arm test is used to detect,

24. passive range of motion tests focus on,

25. pain on passive abduction of the shoulder primarily indicates,

26. tailbone pain is also known as,

27. tenderness and swelling at the site of the infrapatellar tendon insertion into the tibial tuberosity indicates,

28. Apley's compression test aids in the assessment of,

29. evaluating low back pain,

30. the Quick Test of having the patient stand up from a seated position will test primarily what neurological level,

31. test that evaluates the proper function of contractile tissues,

32. orthopedic test is used to test the sciatic nerve roots and obstructions in the lower lumbar region,

33. which plexus innervates the upper extremity,

34. which muscle is the primary muscle affected in Torticollis,

35. positive Speed's Test implicates what structure,

36. most common type of cerebral vascular accident is,

37. which anti-body is diagnostic of Hashimoto’s Thyroiditis,

38. immune system two major divisions (adaptive and the innate),

39. which gland can be characterized as an exocrine and an endocrine gland,
40. classic sign of an autoimmune disease,
41. first sign of Parkinson’s disease that patients report is,
42. Injury to the 8th cranial nerve is associated with,
43. increase the risk of UTI,
44. acute glomerulonephritis,
45. signs of patient with grave’s disease,
46. Myxedema refers to under-active,
47. symptom of Cushing’s disease,
48. head trauma and subsequent diabetes insipidus,
49. BEST lab test which indicated how well a person’s diabetes is managed,
50. Consequence of hyperparathyroidism for a person with a parathyroid tumor,
51. Carbohydrate digestion mainly takes place in, Protein digestion starts in the,
52. example of a polysaccharide is,
53. Cholesterol functions in the human body as,
54. examples of essential amino acids,
55. most common location for skin cancer
56. Black fungus, Apricot, and Cinnamon should be avoid by
57. In combining food, Mutual Inhibition means
58. The four classifications that describe the medicinal features of food are
59. Cancer patients should avoid Coffee, Pepper, Cinnamon, except:
60. Grape fruit can interfere with medications such as:
61. Beets are good for the following except due to the oxalic acid content;
62. Sprouted or green potatoes are